# **Upcoming events!**



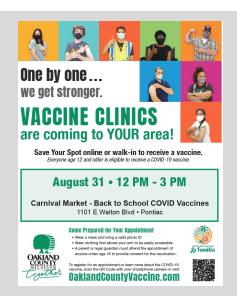
### Vaccination clinics:

August 30 & 31

Oakland Health Division, Carnival Market and the Mexican Consulate in Detroit are working with Centro to help people get vaccinated! Get ready for school and spread the word about our upcoming vaccination clinics. Spanish speaking staff from Centro will be there to assist.



Back to school vaccination clinics available at the Mexican Consulate and Carnival Market. Free of charge. No appointment needed.



### **Healing Art Workshop:**

September 15, 10-12 pm



Learn how to heal through art in this workshop for domestic violence survivors.

Sign up here



## **Health Conversations:**

September 9 and 23





Join us on our Facebook Live conversations with Olga Urbanowiez and Cecilia Jaime where we'll be talking to experts about how to read food labels and smart grocery shopping. Follow us on <a href="Facebook">Facebook</a>!

Parenting Workshop September 23 -





El cuidado de los hij@s es una tarea hermosa pero a veces difícil

Este es un taller para padres o cuidadores de niñes de 3-13 años. Si desea mejorar la comunicación con sus hijes y refinar las maneras de educarles, ¡los invitamos a que participen!



Jueves de 4 a 6 PM (SEP 23 a NOV 18)
35 W Huron St. Suite 100, Pontiac, MI 48342
Snacks/refrigerio y materiales sin costo.
Cupo limitado para 12 participantes.

Para registrarse, llame a Eva Palma o a Blanca Mares al 248-858-7800 This complimentary workshop is offered in Spanish to parents or care givers of children from 3 to 13 years old to help improve communication and acquire other important child rearing tools. Snacks and materials are included. Register soon, space is limited to 12 participants.

Register via email

### Save the Date!

#### **Pontiac Farmer's Market**

- September 12 & 26, 1 to 4 pm
- October 31, 1 to 4 p.m.

#### **Visit our Mural!**

- Starting september 1rst you can visit our mural, created by young artists from the community in collaboration with Centro.
- Located at 361 S Paddock, Pontiac, MI

#### "Domestic Violence Awareness Walk"

- October 8, 1 to 3 pm
- Downtwon Pontiac



### Listen to our Radio Station!

Tune in to our Radio Station, hosted by our own Luis Mendieta! Find out about what's happening in the community and learn from our team of experts about health, culture and social issues.









#### **CENTRO MULTICULTURAL LA FAMILIA**

[www.centromulticultural.org] 248-858-7800







Centro Multicultural La Familia | 35 W Huron St. Suite #100, Pontiac, MI 48342

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