

CENTRO MULTICULTURAL LA FAMILIA NEWSLETTER



15 TH ANNIVERSARY CELEBRATION!

Our 15th Anniversary Open House was held on April 18 in downtown Pontiac. We were delighted to be able to organize this event with much gratitude to our community that has supported us, and to our clients who have trusted us for almost 30 years providing services.

Donations to La Familia Multicultural Center help continue to provide culturally competent and trauma-informed services to members of the multicultural community in Oakland County. We are a Latina-led organization and we are proud to serve a large Latine/x community with comprehensive services.



We hope we can count on your help in bringing our decades of service, partnership, and awareness to support survivors, immigrants, and allies! As we come together, it is important to the stories of every survivor we serve, and those we are trying to reach, that they see a community united to love and protect them. It is from this visibility and community attention that our services are possible and the freedom to thrive is a reality in the lives of the people we serve.



DID YOU KNOW?

El Centro "La Familia" was founded in 1985.

In 1992, Sonia Acosta, PhD, became El Centro's first full time supervisor.

In 2000, El Centro separated from its parent organization and formed Centro Multicultural La Familia, Inc. (CMLF) offering a broader array of services for the Spanish-speaking community.

RADIO CENTRO MULTICULTURAL



This past 4th of July Radio Centro Multicultural celebrated its second anniversary by having a special program dedicated to not only celebrating Independence's day but also our radio's success over the past two years.

Part of this program consisted of having all of Radio Centro's team discussing the United States history and culture while listening to America's classic music and wrapping up with a fireworks finale.



Radio Centro Multicultural started locally two years ago due to the pandemic and the need to communicate and support the latin community with Luis Mendieta as its creator and director. Fast Forward to today, Radio Centro has two radio hosts: Luis Mendieta and Cristina Caratsch, listeners in over 50 countries, has a team of 20+ members with English and Spanish programs that connect our community. Some of its programs in Spanish include: "El Club de la Crianza", "Rinconcito del Arte", y "Balance y Sazon", and in English: "The Culture Rehab", "Oakland County Health" and "Victoriously Broken".



VENTANILLA DE SALUD

VACCINATION CLINICS AGAINST COVID-19

Since the beginning of the pandemic, work has been done on staff training to offer truthful and reliable education to the community related to the pandemic and vaccination. The collaboration with the Oakland County Health Division, the participation as a member of the Detroit Equality Coalition for COVID-19 and the agreement with the Gary Burnstein Clinic has allowed that from the beginning of the vaccination process, the VDS has been a link for access to COVID-19 vaccines.

Currently, 3 to 5 monthly vaccination clinics are held in different places, in which vaccination is offered from 5 years of age.



CHILDREN'S DAY

Traditional Mexican celebration in which the importance of childhood is recognized, which takes place annually every April 30. With the participation of more than 25 organizations, CMLF, the Mexican Consulate in Detroit and La Casa Amiga celebrated Children's Day, Book Day on May 1, 2022, for the first time in the City of Pontiac.

This celebration took place in "The Crofoot", which received more than 200 children and a total of 500 people including parents, volunteers and staff. This event had the participation of figures such as the Mayor of the City of Pontiac Tim Greimel and the Consul of Mexico in Detroit Roberto Nicolas, in addition to educational, cultural and health activities.



MAMMOGRAMS MAY 10

In commemoration of the celebration of Mother's Day and recognizing the importance of women's health, the Ventanilla de Salud, together with Ascension Clinic, through the Breast and Cervical Cancer Control program, carried out 18 mammography tests on women over 40 years of age, such as breast cancer prevention measures. The event took place on May 10 in a medically equipped Mobile Unit, in the parking lot of the Consulate of Mexico in Detroit.



JUNE, PRIDE MONTH

In commemoration of pride month, the VDS participated with the Oakland County Health Division in a family pride event in which vaccines against COVID-19 and activities to promote inclusion were offered. Additionally, the VDS offered throughout the month educational workshops related to the importance of recognizing Diversity, Equity and Inclusion in the Hispanic community.



ÉXITO EDUCATIVO



Éxito Educativo is a new program at Centro Multicultural La Familia to help serve our community.

Éxito provides Latinx students and families with information and support for pursuing and attaining higher education. We do this by engaging schools, resources and community partners together to uplift them on their journey.

We also provide support to non traditional students seeking post secondary educational opportunities.

Contact Info

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VOLUNTEER OPPORTUNITIES

We are looking for committed and culturally sensitive individuals to help us support our diverse community.

We need help with:

- Direct Client Support
- Education & Awareness
- Community Outreach
- Interpreting/translatin
- Office work
- Children activities
- Events
- and more!

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Contact Info

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ANCESTRAL FOODS + OAKLAND TOGETHER

Thanks to funding from United Way, our Mental Health team has been able to grow through our Oakland Together Program! Along with no cost mental health services, this program has provided holistic support in combination with counseling and therapy. Holistic refers to services that include a mind, body and spirit approach and often involve nature, herbs and body movement.

Our Ancestral Foods workshop was just one of the several holistic workshops we were able to give this year! We often say “La Cultura Cura” or “The Culture Cures”! and we got to see this in action at the workshop. We made traditional Mesoamerican foods that consist of a balanced diet of fibers, anti-inflammatory herbs, antioxidant-rich foods and handmade tortillas with love. We look forward to hosting more of these workshops and seeing new faces



SURVIVOR STORY (SOBREVIVIENTES)

In an organization that provides services for survivors of any type of crime or victimization the word success might be different from the stories of success we are accustomed to hearing. For example, as counselors working with survivors of abuse, many of our success stories sound like this one:

This past year, we had a client survivor of domestic violence who came in with her two young children in need of protection and safe housing. After many sessions of providing emotional support, advocating with her landlord and making sure to connect her with our mental health team, we are pleased to say that she is now living on her own and providing for her children. She regained a sense of safety, has improved her relationship with her children and has developed a better co-parenting situation with her ex. Many times we see our clients encounter more barriers because of their English language abilities, and we are actively working on bringing back our ESL classes so that our clients feel more empowered as well!



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